



RealCare Baby[®] Implementation Guide

Engage students with innovative, real-world learning aids and curricula



How many Babies do I need? Ask yourself:

- How many students do you want taking RealCare Baby® home at the same time?
- How many weeks are you teaching this topic?
- How long will you send Baby home with students?

We recommend:

- Having several students care for Baby simultaneously to allow them to relate with each other on the experience
- Having students take Baby home for at least 72 hours
- Using the included curricula lessons to determine the length of your program (see teaching hours on the chart below)

For curricula samples and alignment documents visit: www.realityworks.com/rcb-implementation

Why do customers use RealCare Baby?

- To bring realism to childcare career classes
- To teach healthy decision-making and future goal-setting
- To aid in critical conversations on sex education, abstinence, and teen interpersonal skills
- To show proper infant care skills and parenting tips
- To make learning fun

RealCare Baby includes four curricula:

Basic Infant Care

- Lesson topics:
 1. Role of the Caregiver
 2. Infant and Toddler Development
 3. Soothing a Crying Baby
 4. Handling Stress and Preventing SBS
 5. Holding and Feeding
 6. Bathing and Diapering
 7. Schedule and Tracking
 8. Emergency Procedures
 9. Breathing Emergencies
 10. Infant and Child CPR
 11. Safety First Aid and Infant Health
 12. Caregiving Hands-On Practice
- Teaching hours: 12-15

Life Skills and Healthy Choices for Middle School Students

- Lesson topics:
 1. Changes, Puberty, Adolescence
 2. What I Need to Survive These Years
 3. Media Influence on Decision Making
 4. Healthy Relationships
 5. Sexual Wellness
 6. Sexual Harassment
 7. STIs/HIV
 8. Birth
 9. Care and Needs of an Infant
 10. Hands-on Practice Caring for an Infant
 11. Handling Stress and Preventing Shaken Baby Syndrome
 12. An Abstinence Lifestyle
 13. Communicating and Saying No
- Teaching hours: 10-12

Parenting

- Lesson topics:
 1. Care and Needs of an Infant
 2. Safety, Health, and Care
 3. Attachment, Autonomy, Trust, and Brain Development
 4. Nurturing
 5. Education and Literacy Development
 6. Recreation and Play
 7. Parenting Styles
 8. Being a Parent - Hands-on Practice
 9. Financial Support
 10. Child Care and Day Care
- Teaching hours: 10-12

Healthy Choices

- Lesson topics:
 1. Plans and Values
 2. Influences Around Us
 3. Communication and Self Esteem
 4. Communication in Relationships
 5. Relationship Continuum
 6. Reproductive System, Fertilization, and Conception
 7. Family Planning - Birth Control
 8. Benefits of Abstinence
 9. HIV and STIs
 10. Pregnancy and Prenatal Development
 11. Prenatal Exposure to Drugs or Alcohol
 12. The Birth Process
 13. Care and Needs of an Infant
 14. Impact of Baby on Goals, Relationships, and Time
 15. Cost of a Baby
 16. Hands-On Practice Caring for an Infant
- Teaching hours: 12-15



“[The Babies] are a wonderful way to teach them the value of human life. They become more empathetic in their dealings with small children after taking this course.”

Marsha Chizek, FCS Teacher

Create a 21st Century Early Childhood Education Program

Realityworks is dedicated to creating state-of-the-art learning tools for skills training. With our comprehensive Early Childhood Education and Care packages, you can create an innovative environment that engages students with hands-on tools and real-world lesson plans.

What can your classroom look like?

20-Baby Storage and Charging Cart

Our sturdy 20-Baby Storage and Charging Cart features lockable wheels and steering handles for easy transportation, plus lock-and-key storage to keep program components secure.

RealCare Baby® Infant Car Seat/Carrier

Designed for real infants, this car seat with five-point harness is a safe and secure way for RealCare Baby® to travel. Includes Car Seat Detection Kit. Fabric pattern and color may vary.

Large RealCare Baby® Supply Pack

This convenient package includes everything you need to replace lost and disposable items, including 10 sets of diapers, 20 IDs, 50 participant care cards, 10 bottles, and 240 wristbands.

Child Abuse and Neglect Training Kit

Introduce students to four types of child abuse and neglect and address risk factors, how to identify and report abuse, and how to prevent it.

RealCare Baby® 3 Infant Simulator

This smart baby holds students accountable and adds meaning to important job and life lessons by wirelessly tracking caregiver behaviors. Discussion opportunities on care events, mishandling actions, time in a car seat and clothing changes abound thanks to detailed reporting and comprehensive lesson plans.



RealCare Baby 3 infant simulators are available in male or female versions of each of these skin tone/facial feature options.



Child Care Center Design Kit

This interactive Child Care Center Design Kit includes curriculum and manipulatives to teach students best practices for laying out learning center rooms.

Employability Skills Program

By applying soft skills to real-world situations, students can use the activities in this program to learn 20 key soft skills, from communication and interpersonal skills to time management and responsibility.

Child Care Career Scenario Cards

These pathway/occupation-specific workplace scenario cards cover real-world situations in child care careers.

Student Workbooks

The worksheets, assessments and reflection activities in these workbooks to enhance experiences with RealCare Baby and the RealCare® Pregnancy Profile® Simulator.

Birth Defects and Disorder Model Set

Give students an in-depth look at six different birth defects and disorders. Get hands-on experience exploring the physical effects of Down syndrome, spina bifida, cleft lip, anencephaly, clubfoot, and tetralogy of Fallot.

RealCare™ Shaken Baby

This interactive simulator and included curriculum help increase awareness of the dangers of Shaken Baby Syndrome, child abuse, and how to safely soothe a crying infant.

RealCare™ Drug-Affected Baby

By emitting the cries and demonstrating the withdrawal tremors of a drug-affected infant, the RealCare™ Drug-Affected Baby shows the potential impacts of drug use while pregnant.

RealCare™ Fetal Alcohol Syndrome Baby

This realistic manikin depicts the possible physical effects of prenatal alcohol use, helping students connect the potential impacts of alcohol use while pregnant in real life.

Premie Baby

Modeled after a preterm infant born at 30 weeks, this realistic manikin enhances lessons on the unique challenges and sometimes complicated medical problems often associated with preterm birth.

*All products can be purchased separately or in FCS pathway package options.

FCS Pathway Packages

Realityworks is dedicated to creating innovative learning tools for skills training so you can prepare your FCS students for high-demand, high-skilled, high-paying jobs.



Early Childhood Development Intro Pack

The Early Childhood Development Intro Package is one of three comprehensive solutions for starting or building an FCS pathway program. This package includes 17 hands-on resources as well as curricula. In addition, the curricula come with presentation slides, activities, and assessments.



See other FCS package options at www.realityworks.com



Small Early Childhood Care and Service Package

This package includes 30 hands-on resources plus curricula.



Large Early Childhood Care and Services Package

This package includes 43 hands-on resources plus curricula.